



**NORTH SHORE
HEALTH CARE
FOUNDATION**

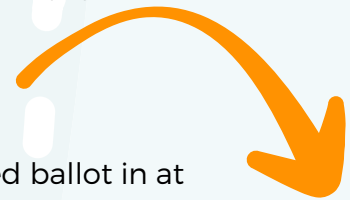
Justine Kerfoot Memorial Endowment Fundraiser

WELCOME TO THE TASTE OF THE TRAIL PICNIC ADVENTURE

A tasty, progressive culinary scavenger hunt! Featuring multiple courses from some of the Gunflint Trail's most iconic food venues, surrounded by unparalleled natural beauty. All in support of local health and emergency services in our special neck of the woods!

WHAT TO DO:

1. Check in at your chosen starting location - either the Community Center at 317 W 5th St in Grand Marais or if you're a Trail resident, start your adventure at the Mid-Trail Fire Hall, to receive your Picnic Bag (one per person if single ticket or 1 bag with 2 sets of everything per couple)
2. Collect your first course at the Starting Location - A rich smoked fish, cheese & cracker selection, from the Fisherman's Daughter along with your first MOOSE STAMP on your passport (see over)
3. Navigate the beautiful Gunflint Trail north toward each of the food stops. Watch for event signs
4. Collect your courses and a MOOSE STAMP on your passport at each location!
5. Once you've collected the whole menu at each food stop and filled your passport, turn the attached ballot in at the Gunflint Lodge to be eligible for prize draws. Need not be present to win. Be sure to provide complete contact information in case you win!
6. You can chose to enjoy each course as a picnic at the location, stop at any of the scenic waysides to picnic or collect them all and enjoy your full meal, seating, the self-serve bar and live music from Sheriff Pat Eliasen on the patio at the Gunflint Lodge. **You must collect your final course at the Gunflint Lodge before 4 pm.**
7. Make a day of it and enjoy the many places to explore along the Trail - suggestions include: Chik-Wauk Museum & Nature Center (open 10 am - 5 pm), the Moose Viewing Trail, Seagull Lake Public Landing Beach, Magnetic Rock, visit a new lake, go for a paddle, stop for a beverage or more dessert at any of our partner venues on your way back!



OUR VISION: A Healthy Community For All In Cook County

Taste of the Trail Picnic Adventure

FAMILY-OWNED AND OPERATED.
UPPER LAKES FOODS
 EST 1967

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Gunflint Lodge
 An iconic Trail destination since 1927. Nestled in the forest on the south shore of Gunflint Lake
 143 S Gunflint Lake Rd

Gunflint Pines Resort
 Feel at home in the Northwoods, however you stay!
 217 S Gunflint Lake Rd

Poplar Haus
 Embodiment of the Northwoods dream
 7890 GF Trail

Trail Center Lodge
 Home of Camp Chow.
 Est. 1938!
 7611 GF Trail

Loons Nest Coffee
 Coffee and baked goods in the wild.
 7575 GF Trail
 Loons Nest Coffee

Mid Trail Fire Hall
 Alternate starting point! Trail residents start here!

Fisherman's Daughter
 Dock to table fish & chips! Celebrating our commercial fishing past, present and future.

Kick-off Point
 GM Community Center
 Parking Lot 317 W 5th St

Sincere thanks to our generous event sponsors!

Collect a stamp in the white boxes

at the Start and each food stop! Once you've collected each course, turn your completed ballot in at the Gunflint Lodge. Keep your passport as a souvenir of this tasty adventure!

2024 MENU

Road trip snacks & waters - NSHCF

APPETIZER

Smoked fish, cheese & cracker selection -
 The Fisherman's Daughter

COURSES

- Famous Cardamom Rolls & Beverages - Loons Nest Coffee
- Extraordinary Potato Salad - Trail Center
- Decadent Mac & Cheese - Poplar Haus
- Root Beer Floats - Gunflint Pines Resort & Campground

Signature Minnesota Blue in a Box

(An entrée salad with plump juicy grilled chicken breast served atop spring mix, blueberries, dried cranberries, almonds and blue cheese w/ homemade maple vinaigrette dressing) - Gunflint Lodge

